

SIZE CHART

* Please note changes to the size charts below.

EN 340:2004

Protective clothing - General requirements

Helly Hansen protective clothing is designed and manufactured in such a way that it does not have any effect on the user's health or hygiene.

The design guarantees a correct fit and protection for the body when used correctly.

The design and material offer function and comfort. The material offers good fade-resistance, stability, strength and durability, to ensure that the garments have a long life, even with heavy use and many washes.

Size grading is based on body measurements in centimeter, see the size guide.

All garments are properly marked on garment labels and on external labels to indicate the information required for the standard.

Check your body measurements as instructed and compare with the data in the table.

Example: If your chest measures 44 inches you should wear size XL.

Chest: With arms relaxed at sides, measure around fullest part of chest.

Waist: Measure around natural waistline, smallest part of waist.

Hips: Standing with legs together, measure around fullest part of hips.

Inside leg: Measure inside length of your leg from crotch to bottom of ankle.

MEN'S

Garment size		XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
① Chest	Cm	88	91	95-99	84	84	84	84	84	84	84
	Inches	34.5	36	37.5-39	41-42.5	44-45.5	47-48.5	50-51.5	53-54.5	56-57.5	58-60
② Waist	Cm	76	79	84	84	84	84	84	84	84	84
	Inches	30	31	33-34	36-38	39-41	42-44	45-47	48-50	51-53	54-56
③ Hips	Cm	94	98	84	84	84	84	84	84	84	84
	Inches	37	38.5	40-41.5	43-45	46-48	49.5-51	52.5-54	55.5-57	58.5-60	61.5-63
④ Inside leg length	Cm	77	80	84	84	84	84	84	84	84	84
	Inches	30.5	31.5	32	33	34	35	35	35	35	35

WOMEN'S

Garment size		XS	S	M	L	XL	2XL	3XL
① Chest	Cm	84	88	92	100	108	116	124
	Inches	33	34.5	36	39.5	42.5	45.5	48.5
② Waist	Cm	68	72	76	84	92	100	108
	Inches	27	28.5	30	33	36	39	42.5
③ Hips	Cm	92	96	100	108	116	124	132
	Inches	36	38	39.5	42.5	45.5	48.5	52
④ Inside leg length	Cm	76	78	80	82	84	86	88
	Inches	30	30.5	31.5	32.5	33	34	34.5
⑤ Body height	Cm	160	164	168	172	176	180	184
	Inches	63	64.5	66	67.5	69.5	71	72.5

HATS

Size	S	M	L	XL	2XL
Europe	55-56	57-58	59-60	61-62	63-64
UK	6 3/4 - 6 7/8	7 - 7 1/8	7 1/4 - 7 3/8	7 1/2 - 7 5/8	7 3/4 - 7 7/8
US	7	7 1/8 - 7 1/4	7 3/8 - 7 1/2	7 5/8 - 7 3/4	7 7/8 - 8

* Please confirm sizing on individual product listings